

Programs for Seniors

60+

Save Money and Eat Healthier

HungerCoalition.org



215-430-0556

Use the SNAP Hotline To:

Apply for SNAP (Food Stamps) **over the phone**

Navigate problems with your benefits, or

Find a food pantry **in your neighborhood**

Call 215-430-0556 for free, confidential service



You may be eligible to fill out a **shorter, faster** application that will certify you for **three years!**

Senior Meals

Enjoy a delicious healthy meal safely!

Philadelphia Corporation for Aging:

All Philadelphia Seniors 60+ can pick up a free lunch at a Senior Center. Call ahead to reserve a meal. For a location near you call **215-765-9040** or visit www.pcacares.org or

www.phila.gov/food.

Get Food Delivered

Caring For Friends: Delivers meals to isolated homebound individuals. 215-464-2224. www.caringforfriends.org

MANNA: Delivers meals to people at nutritional risk due to illness. Dietitians provide free nutritional counseling. 215-496-2662 x 5. www.mannapa.org

Jewish Relief Agency: Delivers a free box of kosher food once a month, regardless of religious affiliation. 610-660-0190. www.jewishrelief.org

Philadelphia Corporation for Aging: Delivers free meals to income-eligible homebound seniors. 215-765-9040. www.pcacares.org

Senior Boxes

Income eligible adults 60+ can pick up a free box of food each month.

Contact
Philabundance at
215-339-0900 or
SHARE at
215-223-2200

Farmers Market Nutrition Program (June-November)

Eligible seniors can receive \$20 in vouchers to buy local fruits and vegetables at farmers markets and produce stands. Checks are distributed in the summer and must be used by Nov 30. Contact Philadelphia Corporation for Aging: 215-765-9040